

City of Reedley, Senior Services, 100 N. East Avenue, Reedley, CA 93654

Reedley Senior News

February 2020

Phone: (559) 637-4207 email: Jodi.botello@reedley.ca.gov

FEBRUARY



Happy Valentine's Day!

The Reedley Senior Services Office would like to wish you a Happy Valentine's Day.



The Reedley Senior Center will be **CLOSED** Monday, February 17 in observance of President's Day.



Senior Valentine's Luncheon Tuesday, February 11

Join us **Tuesday, February 11** for fun and excitement at our Senior Luncheon!! (Entertainment by Bill Rudy.)

Thank you Sierra View Homes for providing our main and side dish. We have wonderful door prizes for you to win. Seating is limited- please call 637-4207 before February 4 to make your reservation. Sponsored by Sierra View Homes, RSCI and City of Reedley Community Services.

Tachi Palace Casino Day Trip

Join us for a day trip on **Thursday, February 27, 2019**. Cost \$20-Includes bus ride and \$20 Tachi Cash with a current Photo ID. We will meet at the Senior Center at 8:15am and will return to the center about 4:00pm. Come to the Senior Room weekdays from 9 am -12 pm to pay and sign waiver form. Payment accepted by cash, check or Money Order payable to The City of Reedley. (Deadline to sign up for trip is Thursday, February 13.)



THANK YOU

Thank you to Palm Village Retirement Community for donating gift certificates for our Ugly Christmas sweater event in December. Your gifts made our Ugly Christmas Sweater event extra special!

NEED A RIDE-1-855-612-5184

MV Transportation offers a transit service for residents within the city limits. The driver will pick you up within 5-30 minutes. Customers must be ready when they call. Hours: Monday -Friday, 7am-5:15pm, Saturday 8am-5:00pm. Cost-General Public \$.75/Seniors(60-64)\$.50/ Seniors 65+ and Disabled people **NO COST**.

Volunteer

We couldn't provide all the services we do without our volunteers. Did you know that a volunteers' lives increase seven years? We need volunteers to help with our senior lunch program. If you are wondering how you can give back to the community, drop by or call our Center and ask for Jodi 637-4207.

"Thank You" to all our Senior Center Volunteers!

No one is more cherished in this world than someone who lightens the burden of another. Thank you. ~Author Unknown

Valentines Day

Newsletter Donations

Many thanks to Mary Meyers for the newsletter donation. If you would like to make a donation to the Reedley Senior Newsletter, you may by sending a tax deductible check to Reedley Senior Commission, Inc. or (R.S.C.I.) at P.O. Box 1940, Reedley, CA 93654. On behalf of the Reedley Senior Commission, Inc., we thank you for your generous support and thoughtfulness.

Senores Y Senoras

La Ciudad de Reedley les invita a visitar y participar en los programas de personas mayores. En el edificio del centro de la comunidad hay un cuarto especial para ustedes. Si tienen preguntas y necesitan informacion y asistencia les podremos ayudar de 9:30-11:30 am los dias de lunes a viernes. Please note: if you may know a Spanish speaking person, please pass this information and encourage them to join us for lunch.

Ice Cream Social/ Social de Helados

Come join us for delicious ice cream on Wednesday, February 26 following lunch. You are invited to build your own sundae with a wonderful assortment of toppings to chose from. All you need to bring is yourself and a friend. Thank you to Dycora for providing ice cream and toppings.



Ven u únete a nosotros para un Social de Helados. Todo lo que necesita es traer a ti mismo y un amigo. Este evento se llevará a cabo despues de lonche el miércoles 26 de Febrero en la Sala Principal Phil Hudson. Venga a refrescarse y disfrutar de la visita con los amigos. Gracias al Dycora por patrocinar nuestros sociales de helados.

Let's get Cooking

Do you have a favorite dish you enjoy preparing? Bring one or two of your favorite recipes to the Senior Center to share! We are working to create a cookbook that later will be available to purchase. The cookbook will be a fundraiser for Reedley Senior Center. Call 637-4207 if you have questions.



Happy Anniversary/Happy Birthday!

Wishing the Valentine babies a Happy Birthday! And Happy Anniversary to those who married in February! Come join us to celebrate February birthdays and February anniversaries on Wednesday, February 19. Call to make your lunch reservation by 11 am Tuesday, February 18.

Bingo

Come join us for lunch & Senior Bingo. Everyone is a winner! Join us Thursday, February 13 following lunch. We play until everyone wins! If you are interested in having lunch and playing Bingo, call 637-4207 between 9am-11am 11:00am by Wednesday, February 12.

Crochet/Knitting / Ganchillo y el tejido

Come join seniors every Tuesday from 12-3 pm in the Philip Hudson Senior Room.

Venga aprenda a tejer los martes de 12-3 pm. Nos encantaría que vengan y sean parte de nuestro centro para personas mayores.

Senior Blood Pressure Testing

Seniors may have their blood pressure and weight checked on Wednesday, February 5 at 10:00 am at the Senior Center. This free service is provided for seniors by Sierra View Homes.

Senior Cinema Thursday

A monthly event where we screen a requested movie/film and serve theater style popcorn. Senior Cinema is February 20 at 12:30pm.

GREATEST SHOWMAN is this month's featured film. Bring a friend!



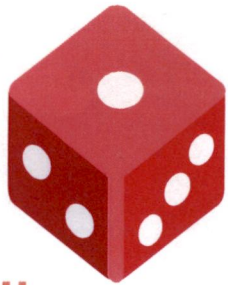
SAVE THE DATE!

Pageo Lavender Farm Tour and Hilmar Cheese Company Tour followed by lunch at Hilmar Cheese Factory is scheduled for Thursday May 14, 2020. Look for more information in March Newsletter. Sign ups begin March 2.



LET THE GOOD TIMES ROLL.

CITY OF REEDLEY PRESENTS: SENIOR DAY TRIP TO TACHI PALACE CASINO- LEMOORE



YOU ARE INVITED TO A DAY OF GAMING FUN!

THURSDAY, FEBRUARY 27, 2020

**BUS LEAVES AT 9:00AM FROM REEDLEY
COMMUNITY CENTER
100 NORTHEAST AVE, REEDLEY CA 93654**

PLEASE CONTACT JODI AT REEDLEY
SENIOR CENTER IF YOU HAVE
QUESTIONS (559) 637-4207.



MUST BE 55+ TO JOIN THE FUN!



**COST \$20- INCLUDES BUS RIDE AND \$20
TACHI CASH WITH CURRENT PHOTO ID.
PAYMENT IS ACCEPTED BY CASH, CHECK
OR MONEY ORDER PAYABLE TO CITY OF
REEDLEY. DEADLINE FOR SIGNING UP IS
FEBRUARY 13, 2020!**





February 2020 SENIOR MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All meals include Low Fat Milk Suggested Donation: \$2.00 Non-Senior Rate: \$4.60</p> <p> High Sodium Meals</p>				
3 Pork Chili Verde Spanish Rice Refried Beans Flour Tortilla Tropical Fruit	4 Beef Stroganoff Peas & Carrots Sourdough Bread Sliced Apples	5 Beef & Vegetable Stew Egg Noodles Hi C Salad Diced Peaches	6 Southwest Chicken & Rice Bowl Tossed Salad Honeydew	7 Cheeseburger (Tomato, Lettuce & Onion) Three Bean Salad Cantaloupe
10 Chili Cheese Dogs Pickled Beets Orange 	11 <i>Valentine's Luncheon</i> <i>Center Closed</i> 	12 Pepper Steak Mashed Potatoes Caesar Salad Dinner Roll Pineapple Bits	13 Chicken Fettuccini Alfredo Hi C salad Sourdough Bread San Joaquin Dessert	14 Seasoned Chicken Drumstick Steamed Carrots Wheat Bread Tropical Fruit
17 Presidents Day Closed 	18 BBQ Chicken Thigh Macaroni & Cheese Peas & Carrots Tropical Fruit 	19 Albacore Tuna Sandwich Corn Chowder Soup Cantaloupe	20 Taco Salad Chips, Beef, Beans, Cheese, Cabbage, Cilantro Pineapple Bits	21 Cheeseburger (Tomato, Lettuce & Onion) Potato Salad Sliced Apples Chocolate Pudding
24 Meatloaf Mashed Potatoes Wheat Roll Tropical Fruit	25 Chinese Chicken Stir Fry Rice Cantaloupe Lemon Pudding	26 Cheese Lasagna Carrot/Raisin Sourdough Bread Mandarin Orange & Pineapple	27 SENIOR TRIP TACHI PALACE CASINO CENTER CLOSED	28 Seasoned Beef, Bean & Cheese Burrito Tossed Salad W/Broccoli Diced Peaches

Funding through: Fresno-Madera Area Agency on Aging
Menu is Subject to Change Without Notice

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			Senior Center open afternoons for scheduled activities	
3 Senior Exercise 10 am Tai Chi 12:30 pm	4 Billiards 9-11am Hobby Time 12 -3 pm Texas Hold-Em Knitting/Crochet Billiards Puzzle Table	5 Gleaners 8:30 am Billiards 9-11am Blood Pressure and weight check 10:00am Senior Exercise 10 am	6 Billiards 9-11am	7 Billiards 9-11am Senior Walk in the Park 9:30am Exercise Video 10 am
10 Senior Exercise 10 am Tai Chi 12:30 pm	11 <i>Valentine's Luncheon</i> <i>Center Closed</i> 	12 Gleaners 8:30 am Billiards 9-11am Senior Exercise 10 am	13 Billiards 9-11am Bingo following Lunch (Last day to sign up for casino trip)	14 Billiards 9-11am Senior Walk in the Park 9:30am Exercise Video 10 am
17  Center Closed	18 Billiards 9-11am Hobby Time 12 -3 pm Texas Hold-Em Knitting/Crochet Billiards Puzzle Table	19 Gleaners 8:30 am Billiards 9-11am Senior Exercise 10 am Celebration Cake with Lunch	20 Billiards 9-11am Movie Afternoon 12:30pm (The Greatest Showman)	21 Billiards 9-11am Senior Walk in the Park 9:30am Exercise Video 10 am
24 Senior Exercise 10 am Tai Chi 12:30 pm	25 Billiards 9-11am HICAP (Appointment Only) Hobby Time 12 -3 pm Texas Hold-Em Knitting/Crochet Billiards Puzzle Table	26 Gleaners 8:30 am Billiards 9-11am Senior Exercise 10 am Ice Cream Social Following Lunch	27 SENIOR TRIP TACHI PALACE CASINO CENTER CLOSED	28 Billiards 9-11am Senior Walk in the Park 9:30am Exercise Video 10 am

Senior Services open Monday through Friday 9am – 12 pm Phone (559) 637-4207

FEBRUARY

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 C M A P M N N D W V N D W E D
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