

City of Reedley, Senior Services, 100 N. East Avenue, Reedley, CA 93654

# Reedley Senior News

**APRIL 2023**

Phone: (559) 637-4207

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## Free Senior Citizen Spring Lunch

Join us Tuesday, April 18, 2023 at 11:00am for a delicious Spring lunch. Musical program by 3rd Wheel Entertainment will follow lunch. Please bring cash if you would like to participate in a 50/50 raffle. **THANK YOU, SIERRA VIEW HOMES AND REEDLEY SENIOR COMMISSION INC., FOR PROVIDING FOOD FOR THIS EVENT!** Please RSVP by Friday, April 14, 2023. (559) 637-4207-Limited seating. **You may register beginning Monday, April 3, 2023.**

## Lunch Around the World

Once a month Reedley Senior Center will host a special event where we serve a catered lunch from various cultures. Our next "Around the World" lunch will be Thursday, April 20 at 11:30 am. Door opens at 11:00am. We will be visiting Italy. Our first trip to Italy was fun and the food was delicious! We must return! Cost \$10. Don't miss this tasty event! Deadline to sign up is Friday, April 14, 2023. Limited seating. **Registration begins Monday, April 3, 2023.**

## Senior Paint Afternoon

Spring has arrived! Join us for an afternoon of creativity. Be an artist. You do not have to know how to paint, you will learn and have fun. Paint and create! Monday, April 24, 2023 at 1:00pm in Senior Center. Please sign up at Reedley Community Center. If you have questions call (559) 637-4207 Cost \$12. (Milkshake included) Limited seating. **You may sign up beginning Monday, April 3, 2023.**



### \*\*\*NOTICE\*\*\*

**DUE TO POPULARITY OF SENIOR PROGRAMS AND EVENTS, APRIL REGISTRATION WILL BE LIMITED TO REGISTERING YOURSELF AND ONE OTHER PERSON. PLEASE CALL JODI IF YOU HAVE A QUESTION REGARDING THIS MATTER (559) 637-4207- THANK YOU!**

## PAGEO LAVANDER FARM TOUR AND LUNCH (TURLOCK) WEDNESDAY, MAY 24, 2023

Pageo is a working farm that grows and harvests the lavender used in its handmade products, from soaps and lotions to linens sprays. We will tour the farm then enjoy a delicious lunch. We will also have the opportunity to shop at Pageo's gift shop. Cost \$50(Includes lunch and a seat on the bus.) Payment is required to reserve your seat. Visit Jodi at Reedley Senior Center to sign up and choose your lunch entrée. Bus leaves from Reedley Senior Center at 8:30am. Last day to register is Friday, April 28, 2023.

## Mother's Tea on the Patio

You are invited to a Ladies Tea Party Friday, May 12, 2023 at 11:00am. A light lunch will be provided. Cost \$5. **Registration begins Monday, April 10, 2023.** Last day to register is Friday, May 5, 2023. **LIMITED SEATING**





## BINGO AND PIZZA PARTY!

You're invited to Reedley Senior Center's BINGO AND PIZZA party! Join us Tuesday, April 25, 2023 at 10:30am for bingo. Following bingo is a pizza lunch. The cost for attending the bingo and pizza party is \$3. Please visit Reedley Community Center to reserve your spot. **Registration begins Monday, April 3, 2023.**



## Senior Cinema and Ice Cream Social

A monthly event where we screen a requested movie/film and serve delicious ice cream and theater style popcorn! Senior Cinema is Friday April 14, 2023.

**80 FOR BRADY** is this month's featured film. Please call (559) 637-4207 if you would like to attend.



## Do You Love Fresh Fruits & Vegetables?

Produce boxes will be available every first Thursday of the month for senior citizens. The next and **final** distribution day will be Thursday, May 4, 2023 at 12:30pm. You must sign up in advance to receive a produce box. **You may sign up beginning Monday, April 3.** There are **LIMITED BOXES.** Call (559) 637-4203 to reserve a box.

## Would you like to become more familiar with your Android smartphone?

Join us for an Android smartphone training class Thursday, May 18, 2023 from 1:00pm-3:00pm. Attendees must register in advance. Limited seating. Participants are required to have an Android Smartphone. Please call Jodi to register (559) 637-4207.

## No Time To Siesta, Lets Fiesta!

Our May "Around the World" lunch will be Friday May 5, 2023 at 11:30 am. Door opens at 11:00am. We will be visiting Mexico. Our first trip to Mexico was fun and the food was delicious! We must return! Cost \$10. Don't miss this tasty event! Limited seating. **Registration begins Monday, April 10, 2023.**



## Join us for a Senior Cooking Activity

Follow along with Jodi Botello, Senior Coordinator, as she prepares No Bake Cheesecake on Wednesday, April 19, 2023 at 1:00pm in the Senior Center. We will provide supplies to make the dish. Deadline to sign up for cooking class is Monday, April 17, 2023 Cost \$5. **You may register for this class beginning Monday, April 3, 2023.**

## Drive-Thru Program

Gleaners Drive-Thru Program is available every Wednesday at Reedley Community Center beginning at 8:30am until supplies last. People without a vehicle may pick up items beginning at 9:00am. This program is for Reedley residents who are 55 and greater. Pull up to the center and we will place the items in your vehicle. Thank you to Savemart and participating packing houses for donating food items.

## Newsletter Donations

On behalf of the Reedley Senior Commission, Inc., we would like to thank those who donate to the Reedley Senior Newsletter. Many thanks, **Bill & Billie Kanawyer and Shiz Tsutsui**, for your donation. If you would like to make a donation, you may send a tax-deductible check to the attention of the Reedley Senior Commission, Inc. at P.O. Box 1940, Reedley, CA 93654. Again, on behalf of the Reedley Senior Commission Inc., thank you for your support and thoughtfulness. If you know someone who would like to be added to our mailing list, please tell Jodi.



# REEDLEY SENIOR CENTER HAPPENINGS

## APRIL 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 SENIOR CENTER CLOSED	4 9:00am-11:00am-Coffee & Pastry Social 12:00pm-Men's Hobby Time	5 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise	6 SENIOR CENTER CLOSED  12:30pm-Produce Box Distribution (reservation required)	7 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise (video)
10 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise	11 9:00am-11:00am-Coffee & Pastry Social 12:00pm-Men's Hobby Time	12 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise	13 9:00am-11:00am-Coffee & Pastry Social 9:00am-Tai Chi 8:30am-Fresno Chaffee Zoo & Lunch at IN & Out	14 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise (video) 1:00pm-Senior Cinema & Ice Cream Social
17 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise	18 11:00am-Senior Spring Luncheon (Door opens at 10:30am) 12:00pm-Men's Hobby Time  NO FMAAA LUNCH PROGRAM	19 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise 1:00pm-Senior Cooking No Bake Cheesecake (Cost \$5)	20 9:00am-Tai Chi 11:00am-Lunch Around the World (Ireland) (Cost \$10)  NO FMAAA LUNCH PROGRAM	21 9:00am-11:00am-Coffee & Pastry Social 9:30am-Table Mountain Casino Trip (Rescheduled from 3/16/23) 10:00am-Senior Exercise (video)
24 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise 1:00pm-Paint Afternoon with Denise (Cost \$12)	25 9:00am-11:00am-Coffee & Pastry Social 10:30am-Bingo and Pizza Party (Cost \$3) 12:00pm-Men's Hobby Time  NO FMAAA LUNCH PROGRAM	26 9:00am-11:00am-Coffee & Pastry Social 10:00am-Senior Exercise	27 9:00am-11:00am-Coffee & Pastry Social 9:00am-Tai Chi	28 SENIOR CENTER CLOSED  10:00am-Senior Exercise (video) 4:30pm-JEREMY "ELVIS" PEARCE (Opera House)

# April 2023

3	4 Beef Meatloaf w/Gravy Italian Veggies Mashed Potatoes Whole Wheat Bread Apricots	5 Whole Grain Chicken Bowtie w/ Pesto Sauce Broccoli Sourdough Bread Diced Pears	6	7 Veggie Enchilada Casserole California Mixed Veggies Corn Pineapple Tidbits Puuding
10 Chicken Thigh w/ Mushroom Sauce Vegetable Medley Brown Rice Diced Pears	11 Cheesy Pasta Casserole Italian Veggies Whole Wheat Dinner Roll Diced Peaches	12 Cheeseburger on Whole Wheat Bun Tomato, Lettuce, Onion California Mixed Veggies Sliced Apples	13 BBQ Chicken Sandwich Broccoli Mixed Fruit	14 Vegetable Chili Peas & Carrots Whole Wheat Bread Pineapple Tidbits Puuding
17 Chicken Meatballs w/ Gravy California Mixed Veggies Brown Rice Orange	18	19 Breaded Fish Vegetable Medley Wheat Roll Mixed Fruit	20	21 Spaghetti w/ Meat Sauce Hi C Salad Sourdough Bread Applesauce
24 Beef Salisbury Steak w/ Gravy California Mixed Veggies Mashed Sweet Potatoes Wheat Dinner Roll Diced Peaches	25	26 Macaroni & Cheese w/ Seasoned Ground Beef Vegetable Medley Apricots Puuding	27 Build Your Own Burrito Whole Grain Flour Tortilla Seasoned Ground Beef Refried Beans, Shredded Cheese, Cabbage & Cilantro Mixed Fruit	28
		MENU SUBJECT TO CHANGE WITHOUT NOTICE	ALL MEALS INCLUDE LOW FAT MILK	 HIGH SODIUM MEAL

Funding through: Fresno-Madera Agency on Aging  
Seniors 60 Years & Older - Suggested Contribution \$2.50 / Non-Senior Rate \$ 5.50

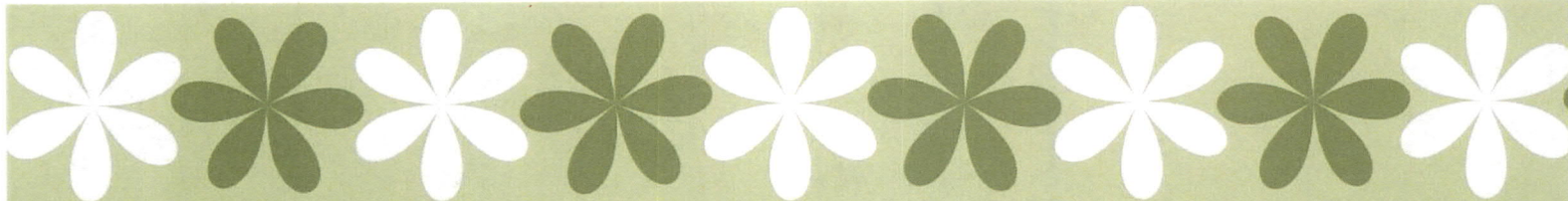


# April 2023

3	4 Rollo de Carne en Salsa Verduras Italianas Puré de Papa Pan Integral Albaricoques	5 Pasta Integral de Moño Pollo en Salsa de Pesto Brócoli Pan de Masa Fermentada Peras Cortadas en Cubitos	6	7 Enchiladas Vegetarianas Verduras Mixtas de California Maíz Piña Budín
10 Muslo de Pollo con Salsa de Champiñones Verduras Medley Arroz Integral Peras en Cubitos	11 Pasta con Queso Verduras Italianas Pan de Trigo Melocotones en Cubitos	12 Hamburguesa con Queso en Pan de Trigo Tomate, Lechuga, Cebolla Verduras Mixtas de California Manzanas en Rodajas	13 Sándwich de Pollo a la Barbacoa Brócoli Fruta Mixta	14 Chili Vegetariano Chicharos y Zanahorias Pan Integral Piña Budín
17 Albóndigas de Pollo con salsa Verduras mixtas de California Arroz Integral Naranja	18	19 Pescado Empanizado Verduras Medley Pan de Trigo Fruta Mixta	20	21 Espagueti con Salsa de Carne Ensalada Hi C Pan de Masa Fermentada Compota de Manzana
24 Carne de Salisbury en Salsa Verduras Mixtas de California Puré de Camote Pan Integral Melocotones en cubitos	25	26 Macaron & Queso con Carne Molida Sazonada Verduras Medley Albaricoques Budín	27 Construye tu propio Burrito Con Carne Molida Frijoles Refritos, Queso Rallado, Repollo y Cilantro Tortilla Integral Fruta Mixta	28
		<b>MENÚ SUJETO A CAMBIOS SIN PREVIO AVISO</b>		<b>TODAS LAS COMIDAS INCLUYEN LECHE BAJA EN GRASA</b>
				<b>ALTO CONTENIDO DE SODIO EN LA COMIDA</b> 

Financiamiento a Través de: Fresno-Madera Agency on Aging  
 Personas Mayores de 60 años – Contribución Sugerida \$ 2.50 / Tarifa Para Personas \$ 5.50





CITY OF REEDLEY PRESENTS:

# **FREE SENIOR CITIZEN SPRING LUNCH**

**TUESDAY, APRIL 18, 2023**

**11:00AM (DOOR OPENS AT 10:30AM)**

**MUSIC BY  
3RD WHEEL ENTERTAINMENT**

**REEDLEY COMMUNITY CENTER**

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**PLEASE BRING CASH IF YOU  
WOULD LIKE TO PARTICIPATE IN A  
50/50 RAFFLE.**

THANK YOU, SIERRA VIEW HOMES AND  
REEDLEY SENIOR COMMISSION INC., FOR PROVIDING  
FOOD FOR THIS EVENT!

RSVP BY FRIDAY, APRIL 14, 2023  
(559) 637-4207-LIMITED SEATING



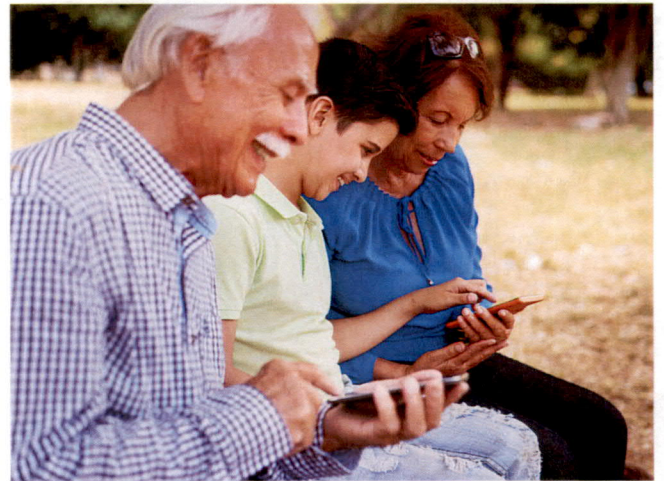


**California Phones**  
Keeping you connected.

**Having difficulty **hearing** or **seeing** on your Android smartphone? Attend a **FREE training** and make your Android smartphone work better for you!**

### **Learn how to:**

- Make your Android smartphone louder and easier to hear
- Send text messages
- Connect Bluetooth devices
- Operate the basic functions of your Android smartphone... and much more!



**When:** Thursday, May 18th, 2023  
1:00pm - 3:00pm

**Where:** Reedley Senior Center  
100 N. East Ave. Reedley, CA 93654

**Space is limited, register now!**

**Contact:** Jodi Botello (559) 637-4207  
[Jodi.Botello@reedley.ca.gov](mailto:Jodi.Botello@reedley.ca.gov)

# APRIL

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